



HĀPAI

**SUDI Prevention
Coordination Service**

CARING FOR PAPTŪĀNUKU THROUGH THE RECYCLING AND REUSE OF PLASTIC BABY BEDS

This resource provides practical guidance on recycling and reusing plastic baby beds in a way that cares for Papatūānuku. It has been developed by Hāpai te Hauora as part of a national, integrated approach to SUDI prevention in Aotearoa and extends on current approaches to caring for Papatūānuku already adopted by some providers.

Hāpai Te Hauora support wahakura and plastic baby beds (PBBs) as in-bed capable beds that allow whānau the opportunity to sleep safely with their pēpi. As wahakura are fully biodegradable, and sustainably made using materials that are ethically sourced from various pā harakeke around Aotearoa, this resource relates specifically to PBBs.

Safe sleep devices, including PBBs can be accessed through the national safe sleep programme delivered out of the district health boards (DHBs). Contact details for safe sleep coordinators in each of the DHBs are available on our website:

<https://sudinationalcoordination.co.nz/safe-sleep-coordinators>

As whānau and providers become more conscious of the environmental impact of single-use-items, it is important we take opportunities to protect Papatūānuku as well as sleeping our tamariki mokopuna. We can do this by safely recycling, reusing and repurposing PBBs. The diagram on the following page sets out a process for DHBs and their distributors to follow

The key features of the process include:

- Appropriate use of karakia on receiving and distributing PBBs
- Ensuring the workforce distributing PBBs have access to necessary training
- Working with whānau to ensure they understand the recycling, reusing and repurposing approach, that they have the information they need on the approach and any incentives if appropriate
- Maintaining a high standard for PBBs throughout their life cycle.

WHY KARAKIA?

Karakia is appropriate for when you first receive a PBB, when it is distributed to whānau and when it is returned to you. Karakia helps to ensure the process is kept tika, offering:

- Extra protection of the provider
- Imbuing protective qualities and energy into the plastic bed
- A reset of the bed for each whānau and pēpi

We encourage locally derived karakia. It may also be appropriate to use another kind of prayer or acknowledgement in line with your worldview or the worldview of the whānau you work with, in place of karakia.

SEEKING SUPPORT FOR TRAINING

The National SUDI Prevention Coordination Service on behalf of the Ministry of Health provides a full online training programme that includes not only safe sleep but whānau engagement and SUDI prevention. <https://training.sudinationalcoordination.co.nz/>

Change for our Children are passionate about safe sleep. They provide a comprehensive training programme in the expectation that all distributors of their infant beds will complete. http://www.changeforourchildren.nz/pepi_pod_programme/distributors

We encourage you and your providers to complete these programmes.



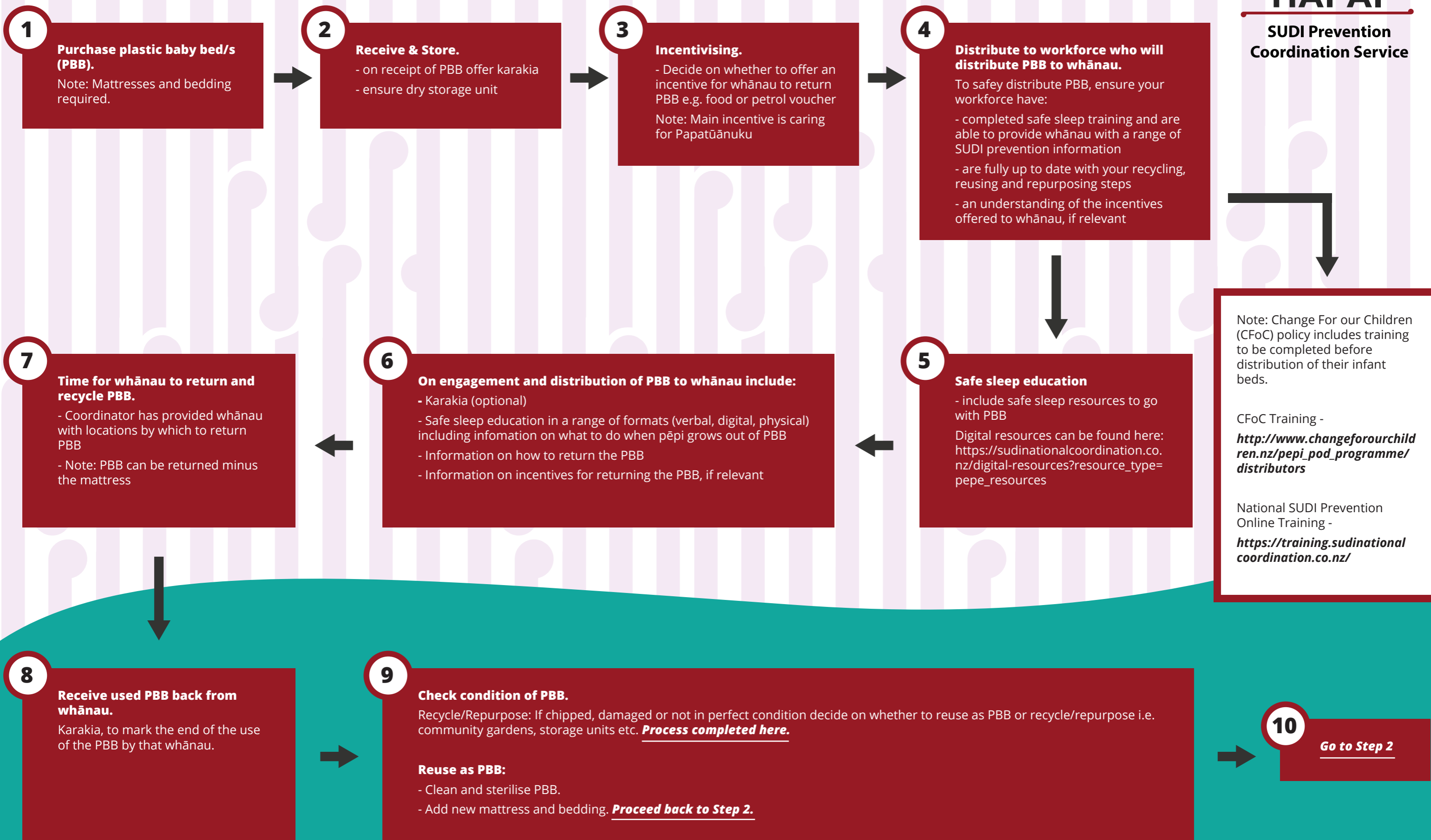
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FLOWCHART: Designed to offer suggestions on setting up and implementing a recycling, reuse and repurpose programme for plastic baby beds.



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Note: Change For our Children (CFoC) policy includes training to be completed before distribution of their infant beds.

CFoC Training -
http://www.changefourchildren.nz/pepi_pod_programme/distributors

National SUDI Prevention Online Training -
<https://training.sudinationalcoordination.co.nz/>